

Promoting gender equality for your child at home

At our centre/school, we teach your child that their potential has no limits, regardless of their sex or gender. As your child's parent or caregiver, you can play an important role in this too.

Children learn optimally when:

They interact with children and adults around them

Their caregivers and teachers make them feel safe and supported

They participate in a variety of play activities

They receive encouragement to try different things

Some traditional ideas on gender roles may prevent children from:



engaging in certain play activities



playing with certain toys



interacting with the adults in their lives



playing and interacting with different children and taking on different roles in play

These traditional ideas about gender will therefore limit how much children can learn. They may also impact on the choices your child makes later in life, in terms of relationships, education, professions...

That is why our centre/school promotes gender equality.

You can play a role too

Playing, interacting and talking with your child is very valuable for their development and learning. In your play and interactions, you can challenge and avoid gender stereotypes that can limit your child's development and learning.



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Tips to break away from gender stereotypes in raising your child

1

Empower your child to value and respect other people.



2

Seek out good role models of different sexes in the life of your child.

3

Give equal opportunities to every child, regardless of their sex.

4

Facilitate and encourage gender discussions in your environment.

5

Give equal chores to children, regardless of their sex.

6

Use language that supports gender diversity and equality.

7

Encourage your child to express themselves and make personal choices.

8

Treat children of different sexes with the same gentleness and firmness.

9

Promote kindness amongst children.

10

Be a role model by showing how to deal with conflict without violence or aggression.

11

Encourage your child to engage in different kinds of play.

12

Encourage your child to play with different kinds of toys.

13

Consider buying or making toys that are not typically meant for one sex only.

14

Avoid heavily gendered TV programmes and toys.

15

In your own home, model how chores and caring work can be done by everyone, regardless of their sex.

16

Let children learn about diversity of gender irrespective of their age.

17

Seek female tradespeople, such as taxi drivers or business owners, and let your child watch them work.

18

Do not allow teasing, bullying and violence.

19

Encourage your child to express their emotions.

20

Allow your child to like different colours, toys and clothes, regardless of their sex.



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